FOR IMMEDIATE RELEASE
October 21, 2026

CONTACT:
Rhonda Alfred
(985) 850-6179
Rhonda.alfred@tghealthsystem.com

Live Well Bayou Brings Free Cancer Screenings to Houma

HOUMA, La. – Terrebonne General | Mary Bird Perkins Cancer Center's Live Well Bayou, a free early detection and education event, will be held on Saturday, Nov. 7, from 9 a.m. – 1 p.m. at Terrebonne General Health System (8200 Main Street, Houma) in the Drive-Thru Center Parking area. This community event will provide residents from Terrebonne Parish and surrounding communities an opportunity to take advantage of four different types of cancer screenings, including breast, prostate, colorectal and skin cancer.

Beyond these important cancer screenings, Terrebonne General Health System's Wellness for Life team will be providing wellness screenings that include blood pressure, pulse, cholesterol, blood glucose and flu shots. Food, music and fun giveaways will be provided throughout the day.

This event is made possible thanks to the generous support of presenting sponsor Louis Mohana Furniture. Louis Mohana Furniture has served as a steadfast supporter of Terrebonne General | Mary Bird Perkins Cancer Center and shares the organization's passion for ensuring that Bayou Region residents have access to life-saving cancer screenings and early detection services.

"We are grateful to Louis Mohana Furniture for helping make this event possible," said Phyllis Peoples, president and CEO of Terrebonne General Health System. "Early detection saves lives, and we're proud to help make screenings more accessible to our community."

Appointments are encouraged for all screenings. If an abnormality is found, a patient navigator will assist screening participants with next steps, also at no cost. To make an appointment, please call (985) 239-5379.

"Live Well Bayou is an important opportunity to connect our community with potentially lifesaving cancer screenings and education," said Hope Jeff, Bayou regional manager, early

detection, Terrebonne General | Mary Bird Perkins Cancer Center. “By bringing our mobile screening units directly into the community, we’re helping make early detection more accessible and giving more people the opportunity to take charge of their health.”

Other Live Well Bayou sponsors include Humana Healthy Horizons in Louisiana, Houma Paint and Industrial Supply, Synergy Bank, Cortec and Rouses Markets.

Mary Bird Perkins and Terrebonne General formed a partnership in 2008 with one goal in mind: to offer communities in the Bayou Region a comprehensive cancer center, close to home. Since then, the Cancer Center has served thousands of residents.

For more information about this event and other cancer screening opportunities, please visit marybird.org/get-screened.

###

About Terrebonne General | Mary Bird Perkins Cancer Center

Terrebonne General | Mary Bird Perkins Cancer Center provides cancer care to the Bayou Region. The full spectrum of comprehensive services, from prevention and early detection to diagnosis, treatment, recovery, and survivorship, is offered. Services include chemotherapy, radiation therapy, and surgery, as well as patient navigation, clinical trials, and free community screenings. The Cancer Center is nationally accredited with commendation and recognized for excellence in cancer care by the American College of Surgeons Commission on Cancer and the National Quality Oncology Practice Initiative (QOPI®) Certification Program, an affiliate of the prestigious American Society of Clinical Oncology (A.S.C.O.). For more information on cancer services by Terrebonne General | Mary Bird Perkins Cancer Center, visit https://marybird.org/location/houma/.