



**8166 Main St.
Houma, LA 70360
Attn: Marketing and Planning**

**MEDIA ALERT
FOR IMMEDIATE RELEASE
9/14/2026**

Terrebonne General Health System Will Host Groundbreaking Ceremony of the Healthy Lifestyles Center on Tuesday, September 15, 2026, from 11 am - 1 pm

WHAT:

Terrebonne General Health System will break ground on a 145,000-square-foot Healthy Lifestyles Center. The event will bring together health system and administrative leadership, governmental and legislative officials, and business leaders of the Bayou Region to commemorate the beginning of the transformation of health and wellness for the people of Terrebonne Parish and beyond.

WHO:

- Phyllis Peoples, Terrebonne General Health System, President and CEO
- Jason Bergeron, Terrebonne Parish President
- Jerome “Zee” Zeringue, Louisiana State Representative
- James “JJ” Buquet, III, President, Terrebonne Economic Development Authority, Board of Commissioners

WHEN:

Tuesday, September 15, 2026
11 am – 1:00 pm

WHERE:

Healthy Lifestyles Center property
885 Westside Boulevard Extension at Independence Dr.
Houma, LA 70360

VISUALS/INTERVIEW OPPORTUNITIES:

The media will have opportunities to interview speakers and photograph participants at the ceremonial groundbreaking.



WHY IT MATTERS:

The expansive Healthy Lifestyles Center is the largest investment in health and wellness for residents of Terrebonne Parish in more than a decade. This investment will play a vital role in the well-being of this community for generations to come.

MEDIA CONTACT:

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