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Terrebonne General Health System Welcomes Dr. Zachary Poché, Physical Medicine and Rehabilitation Physician, to Their Esteemed Medical Staff

HOUMA, LA –Terrebonne General Health System is proud to announce the addition of Dr. Zachary Poché, Physical Medicine and Rehabilitation Physician, to its esteemed medical staff.

Dr. Zachary Poché, a Houma native and Vandebilt Catholic High School alum, graduated magna cum laude from Nicholls State University in Thibodaux, Louisiana, where he received his Bachelor of Science degree. He earned his Doctor of Medicine degree from Louisiana State University Health Sciences Center in New Orleans, Louisiana, where he also completed his residency in Physical Medicine and Rehabilitation.

Dr. Poché is board-eligible in Physical Medicine and Rehabilitation. He provides comprehensive care for inpatient rehabilitation, spasticity management, electromyography (EMG) and nerve conduction studies (NCS), peripheral joint injections, and treatment of musculoskeletal conditions.

“Dr. Zachary Poché is an excellent addition to Terrebonne General Health System, and I’m honored to welcome him back home,” said Phyllis Peoples, President and CEO. “I’m confident in the exceptional care Dr. Poché will provide to the patients and families in our community.”

“As a physiatrist, I am passionate about helping patients regain their independence and achieve their highest level of function after neurological and orthopedic injuries. Returning to the Bayou Region to serve the community where I spent the first 22 years of my life has always been a lifelong dream,” said Dr. Poché. “I am honored to have the opportunity to care for the people and community that helped shape who I am today.”

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About Terrebonne General Health System

Terrebonne General Health System is the largest healthcare resource provider in southeast Louisiana that has taken the lead to deliver medical excellence and innovation to the people of Southeast Louisiana. Driven by a “high tech” and “high touch” style of healing that offers an

expansive range of services that provide hospital care and preventive care while also providing basic healthcare needs on and offsite. Our highly skilled healthcare team consists of over 1,600 employees, with over 450 medical staff providers that offer 42 various specialties. Our system has been honored with many prestigious awards and accolades for quality, safety, and patient experience on the state, national and international levels. Terrebonne General took the lead to initiate a public/private partnership with Ochsner Health which delivers crucial safety-net services for the region through Chabert Medical Center and is part of an alliance of healthcare-focused entities across the greater Gulf South region. For more information, please visit www.tghealthsystem.com and follow us on Facebook, Twitter, and Instagram.