

**10th Annual Bayou Culinary Showcase Set for April 10 at Cypress Columns
Annual Event Benefits the Louisiana Restaurant Association Programs, including the
ProStart Program**

Metairie, La.—The Louisiana Restaurant Association (LRA) Bayou Chapter is proud to announce its **10th Annual Bayou Culinary Showcase**, presented by **Explore Houma** and **B&G Foods/Taco Bell**, taking place on **Thursday, April 10, from 6-8 p.m.** at **Cypress Columns in Gray, LA**. This premier culinary event brings together some of the finest restaurants in the Bayou Region for an evening of exceptional food, live music, chef cooking demonstrations, and exciting auctions—all in support of the **LRA Education Foundation** and its **ProStart® program**.

ProStart is a nationally recognized, two-year culinary and restaurant management curriculum offered in **60 high schools across Louisiana**, including two in the Bayou area: **Lafourche Parish School District ProStart** and **Terrebonne Career & Technical High School**. This dynamic program inspires high school juniors and seniors to pursue careers in the hospitality industry. Many graduates go on to study at the **John Folse Culinary Institute at Nicholls State University**, and the LRA Education Foundation awards more scholarships to **ProStart students attending John Folse than any other culinary or hospitality program in the state**.

Guests at the **Bayou Culinary Showcase** will enjoy **signature dishes from top local restaurants**, with **LRA member chefs competing for the coveted People's Choice Award**. The lineup so far includes:

- **Cinclare**
- **Fremín's/Flanagan's** – Fried Crawfish Étouffée Boulettes with Cream Cheese and Pepper Jelly
- **Bourgeois Meat Market** – Crawfish Boudin
- **Spahr's**
- **3 Piers Seafood** – Special Fish Dish
- **Cypress Columns** – White Chocolate Bread Pudding
- **Big Mike's BBQ**
- **Rouses Market** – Crawfish Reilly
- **Lafourche Parish Career Magnet Center ProStart** – Bang Bang Shrimp Wraps
- **Off the Hook**

Adding to the excitement, special guests **DJ Rhett** and **The Cajun Ninja** will be in attendance, bringing their signature entertainment to the event. **Live music will be provided by Nonc Nu & Da Wild Matous**.

The LRA extends its gratitude to its **generous sponsors**, including **Presenting Sponsors Explore Houma and B&G Food Enterprises/Taco Bell**, **Gold Sponsors Ben E. Keith Co. and LRA Workers' Comp**, and **Silver Sponsors First American Bank, Performance Foodservice New Orleans, PFG-Caro Houma, Rouses Markets, and S&W Foods**.

Tickets are \$25 in advance and \$35 at the door. VIP tables for eight are available for \$500. Cash bar.

For **tickets and event details**, visit: [Bayou Culinary Showcase -Events Page - Louisiana Restaurant Association](#)